The study of trauma has probably been the single most fertile area in helping to develop a deeper understanding of the relationship among the emotional, cognitive, social and biological forces that shape human development. Starting with post-traumatic stress disorder (PTSD) in adults and expanding into early attachment and overwhelming attachment and social experiences in childhood (“Developmental Trauma”), this endeavor has elucidated how certain experiences can “set” psychological expectations, bodily experiences and biological selectivity.

When addressing the problems of traumatized people who, in a myriad of ways, continue to react to current experience as a replay of the past, there is a need for therapeutic methods that do not depend exclusively on drugs, talk or understanding. We have learned that most experience is automatically processed on a subcortical level of the brain; i.e., by “unconscious” interpretations that take place outside of conscious awareness. Insight and good intentions have only a limited influence on the operation of these subcortical processes, but synchrony, movement and reparative experiences do. This conference will present both basic research about the impact of trauma over the life cycle, and a range of effective interventions that are being practiced in clinics, schools, prisons, families, and communities around the world.
International Trauma Conference

PRE-CONFERENCE

WEDNESDAY, MAY 29, 2019

1. The Use of Mind-Altering Substances- MDMA, Psilocybin, and Marijuana for Treating PTSD and Other Mental Distress

2. Making the Invisible Visible: Address Power, Privilege, and Oppression in Trauma-Informed Practice

3. Clinical Applications of the Polyvagal Theory

THURSDAY, MAY 30, 2019

4. From Embodied to Symbolic: Explore Innovative Child Trauma Approaches to Physical Balance, Mutual Attunement, Self-Regulation, & Attachment-Building

5. A Comprehensive Approach to Neurofeedback for Trauma Related Dysregulation: Integration with Therapeutic Attunement, Biofeedback & Other Body/Mind Approaches

6. Social Conditions and Restorative Justice

7. Expressive Arts as Healing Engagement: Deepening the Therapeutic Experience

Wednesday Evening at the Movies —

7:30 PM
“Cracked Up” — Michelle Esrick

Discussants: Bessel A. van der Kolk, MD & Michelle Esrick

In “Cracked Up” we witness the impact adverse childhood experiences can have across a lifetime through the incredible story of actor, comedian, master impressionist and Saturday Night Live veteran, Darrell Hammond. Behind the scenes Darrell suffered from debilitating flashbacks, self-injury, addiction and misdiagnosis, until the right doctor isolated the key to unlocking the memories his brain kept locked away for over 50 years. “Cracked Up” creates an inspiring balance between comedy and tragedy helping us understand the effects of childhood trauma in a new light, breaking down barriers of stigma and replacing shame with compassion and hope.

www.CrackedUpMovie.com
CRACKED UP trailer: https://m.youtube.com/watch?v=fK_WmHUqvvk

MAIN CONFERENCE

FRIDAY, MAY 31, 2019

8:00 – 8:30 am Registration

8:30 – 8:45 am Three Decades of Explorations in Trauma: Welcome & Introduction
Bessel A. van der Kolk, MD

8:45 – 9:45 am A Neurodevelopmental Model of Treatment Intervention
Bruce Perry, MD, PhD

9:45 – 10:45 am Me Too: At the Intersection of Sexual Violence and Racial Justice — A Fireside Chat with Tarana Burke
Tarana Burke

10:45 – 11:05 am Coffee Break

11:05 am – 12:05 pm Psychiatry Under the Influence: Institutional Corruption, Social Injury and Prescriptions for Reform
Robert Whitaker

12:05 – 12:30 pm Panel Discussion & Questions
Faculty & Conference Participants

12:30 – 1:45 pm Lunch (on your own)

1:15 – 1:45 pm Chair Yoga (optional)
Josefin Wikstrom

1:45 – 2:45 pm Key Interaction Patterns Between Mothers and Infants, Videotaped Illustrations: Implications for Long-Term Adaptation and Clinical Interventions
Beatrice Beebe, PhD

2:45 – 3:00 pm Coffee Break

3:00 – 5:00 pm Afternoon Workshops (see options on right)

5:00 pm Social Time – Meet & Greet

5:30 pm Friday Night Poster Session!

We invite you to share your work in a Science Fair-style session. All types of projects and career levels are welcome: qualitative and quantitative research, case studies, program evaluation, etc. Students can elect to have their posters judged for the International Trauma Conference Poster Award. To participate, please email your title and abstract (200 words or less) to Wendy D’Andrea, PhD: dandreaw@newschool.edu by May 1. You will receive poster instructions after receipt of your submission.
SATURDAY, JUNE 1, 2019

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>8:00 – 8:30 am</td>
<td>Registration</td>
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| 8:30 – 9:20 am | Trust and Meaning Making in Parent-Child Interactions  
Edward Tronick, PhD                                      |
| 9:20 – 10:20 am| The Enduring Neurobiological Effects of Abuse and Neglect  
Martin Teicher, MD, PhD                                    |
| 10:20 – 10:40 am | Panel Discussion  
Faculty & Conference Participants                          |
| 10:40 – 11:00 am | Coffee Break                                                                                           |
| 11:00 – 11:50 am | The Evolution of Developmental Trauma Disorder  
Julian Ford, PhD, ABPP                                      |
| 11:50 am – 12:10 pm | Panel Discussion  
Edward Tronick, PhD, Martin Teicher, MD, PhD,  
Julian Ford, PhD, Ruth Lanius, MD, PhD, & Richard C. Schwartz, PhD |
| 12:10 – 1:30 pm | Lunch (on your own)                                                                                  |
| 12:45 – 1:20 pm | Yoga (optional)  
Josefin Wikstrom                                                                                     |
| 1:30 – 2:30 pm | Expressive Arts as Healing Engagement  
Cathy Malchiodi, PhD                                        |
| 2:30 – 3:30 pm | DE-CRUIT: Treating Trauma in Military Veterans through Shakespeare & Science  
Stephan Wolfert, MFT and Alisha Ali, PhD                    |
| 3:30 – 3:45 pm | Panel Discussion  
Faculty & Conference Participants                          |
| 3:45 – 4:00 pm | Afternoon Break                                                                                       |
| 4:00 – 5:00 pm | Dealing with Trauma in the Heart of the Community: Implement a Comprehensive Yoga Program in a Large Public School System  
Ali Smith, Altman Smith, and Andres Gonzales of the Holistic Life Foundation |
| 5:00 – 5:30 pm | Closing: Quaker Style Sharing & Debriefing (Optional)                                                  |

FRIDAY-AFTERNOON WORKSHOPS

| Workshop 1 | Revisit the Treatment of Schizophrenia: Can Voices be Best Understood as Parts and Effectively Treated with Internal Family Systems Therapy?  
Richard C. Schwartz, Ph.D. |
| Workshop 2 | How Body Experience Impacts and Alters the Sense of Self: Neuroscience Research Meets Experiential Inquiry  
Wendy d Andrea, PhD, Ruth Lanius, MD, PhD, & Licia Sky |
| Workshop 3 | Attachment and Trauma Therapy in Japan: A Multicultural Perspective  
Terry Levy, PhD, Sumiko Hennessy, PhD, Akemi Sakakibara, PhD, & Kenichi Shimada, MA |
| Workshop 4 | Consultation and Follow-Up  
Bruce Perry, MD, PhD |
| Workshop 5 | Revisit the “Corrective Emotional Experience”: Creating Deep Imprints of Safety and Resonance Using Psychodramatic Techniques  
Bessel A. van der Kolk, MD |
| Workshop 6 | Clinical Applications of Early Disturbances in Attachment Synchrony  
Beatrice Beebe, PhD |
| Workshop 7 | America's Opioid Epidemic, Our Nation's 911 call. Medications for the Treatment of Opioid Use Disorders: Myths and Misconceptions  
Ximena Sanchez Samper, MD & Kevin McCauley, MD |

* Workshop selection can be choosen onsite.

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Note: CE Credit is not available.
Mental Distress
Marijuana for Treating PTSD and Other Substances - MDMA, Psilocybin, and Marijuana initiatives. Participants will identify strategies for implementing.

Oppression in Trauma-Informed Practice
Addressing Power, Privilege, and Workshops

Workshop 1: The Use of Mind-Altering Substances- MDMA, Psilocybin, and Marijuana for Treating PTSD and Other Mental Distress

Michael Mitrofene, MD, Rick Doblin, PhD, William Richards, PhD, Daniel McQueen, Richard Schwartz, PhD, Besel A. van der Kolk, MD, James Hopper, PhD, Anne St Goar, MD, Elizabeth Call, PsyD, Susan Walker, MD, Francis Guerreri, MA, LICSW, & Michael Alpert, MD
For the first time in over four decades, researchers are returning to examining the therapeutic benefits of mind altering substances, including MDMA (ecstasy), psilocybin (mushrooms), marijuana and LSD. In the 1970s the study of all psychedelics was criminalized in the US, despite emerging evidence of their medical value. Over the past decade, the Multidisciplinary Association of Psychedelic Studies (MAPS) has helped to revive psychedelic research, sponsoring studies across the United States and around the world, including MDMA-assisted therapy for PTSD, and end-of-life anxiety. The results have been very positive, lasting over 72 months of follow-up, with few adverse effects. Psychodetics may promote a deepening and acceleration of the psychotherapeutic process. During therapy, people often are able to access and find peace with disavowed, “exiled” parts of themselves. In this workshop the founder of MAPS will describe the evolution of psychedelic therapy, the principal investigator of the Phase I and II level trials will discuss outcomes and processes, the PI of the Hopkins psilocybin study terminally ill patients and a marijuana researcher the promises and pitfalls for that substance. The Hopkins psilocybin study team will discuss clinical experiences and outcomes and processes, the PI of the Boston MDMA study team will discuss clinical experiences and applications. In appropriate therapeutic contexts, psychodetics may prove to be more effective than most conventional treatments, as well as safer and more cost-effective.

Workshop 2: Making the Invisible Visible: Addressing Power, Privilege, and Oppression in Trauma-Informed Practice

Anita Shankar, MPH & Ilya Yacevich, MA, LMFT
Nairobi, Kenya, based Global Trauma Project (GTP) works between and within communities to support trauma-informed practice, particularly within under-resourced settings. Central to their work is confronting the reality of systems of oppression and strengthening local leadership. In this interactive workshop, GTP will introduce Trauma-Informed Community Empowerment (TICE) - an evidence-based framework for supporting community providers. Using case examples from Eastern Africa, Greece, and the USA, participants will explore how systems of power and privilege continue to impact trauma healing initiatives. Participants will identify strategies for implementing programs that are not only “trauma-informed,” but also community-developed and owned, and how this is critical to maximizing longer-term impacts. This workshop is appropriate for those interested in organizational/ program development; community work; research; and clinical services. You can learn more about the work here:

GTP Video: South Sudan Trauma-Healing Initiative (Juba): https://vimeo.com/242930303
Facebook: https://www.facebook.com/globaltraumaproject/

Workshop 3: Clinical Applications of the Polyvagal Theory

Ana da Vale, OTR, SEP; Deb Dana, LCSW, Prahlad Galbiati, Benjamin Fry, Randall Redfield, & Karen Onderko
The Polyvagal Theory is part of our shared history of understanding that mental, behavioral and physical health problems can originate in the nervous system. Engagement with this theory has led clinicians to look at its clinical implications through the lens of autonomic regulation and dysregulation. Many clinicians are now seeking to work with and to understand how the organizing principles of neuroception, hierarchy, and co-regulation impact on and can be used in the treatment process. Polyvagal Theory suggests a role for physical stimulation and measurement as part of the clinical process. This workshop explores how to incorporate these scientific tools into more traditional talk-therapy protocols of practice.

Both the morning and afternoon session will present case studies, video and a live practical demonstration of the technology in simulated clinical practice. The morning session will present a relational multisensory model for utilizing the Safe and Sound Protocol (SSP) in clinical practice. The afternoon session will present the use of the PhysioCam to provide live measurement and feedback on autonomic state during clinical sessions.

Workshop 4: From Embodied to Symbolic: Explore Innovative Child Trauma Approaches to Physical Balance, Mutual Attunement, Self-Regulation, & Attachment-Building

SMART team: Elizabeth Warner, PsyD, Alexandra Cook, PhD, Anne Westcott, LICSW, & Heather Finn, LICSW; Therapytap® team: Dafna Lender, LCSW & Phyllis Booth, MA; PPIP team: Beatrice Beebe, PhD; & Ruth Lanius, MD, PhD
Disrupted bodily regulation and attachment processes in traumatized children present profound clinical challenges. Through video case presentation and presenter discussion, we will examine three innovative treatments targeting somatic regulation and attachment building without reliance on symbolic language. By comparing Sensory Motor Arousal Regulation Treatment, Psychoanalytic Psychotherapy with Infants & Parents, and Therapytap®, each a bottom-up, embodied and developmentally grounded approach, we will explore the mechanisms of growth, the interventions that seem to promote regulation and increase attachment actions, and consider the neurobiological underpinnings of these processes.

Workshop 5: A Comprehensive Approach to Neurofeedback for Trauma-Related Dysregulation: Integration with Therapeutic Attunement, Biofeedback & Other Body/Mind Approaches

Ainat Rogel, PhD, Diana Martinez, MD, PhD, Sebern Fisher, MA, BCN, Elia Steinberg, MD, & Inna Khazan, PhD
Understanding that trauma alters and dysregulates brain activity opens new state of the art methods of treatment which directly target disturbed neuronal pathways. One such treatment, neurofeedback, leverages recent research results that relate neuronal pathways and brain areas affected by the trauma with executive functioning, safety, sense of self, different self-states, bodily based aspects (e.g. physical balance, movement, voice modulation, interoceptive sensations) shame and agency. This experimental workshop brings together researchers, clinicians and neurofeedback practitioners who are exploring ways in which we can apply the neuroscience of trauma to clinical practice by integrating it with psychotherapy, biofeedback, bodywork and mindfulness. The workshop will start with an explanation of the basics of neurofeedback and review the existing research with practical implications. Next, the impact of neurofeedback on developmental trauma by calming down the fear-driven brain and improving emotion regulation. The major part of the workshop will be dedicated to integrating neurofeedback into clinical settings, that will include hands-on experience.

Workshop 6: Social Conditions and Restorative Justice

Licia Sky, Tara Burton, Donna Hicks, PhD, Kimbell DiCero, PsyD, James Hopper, PhD, Melissa Freeman & Red Stage Stories; Ali Smith & members of the Holistic Life Foundation

This pre-conference workshop will bring together various voices from the field to explore the intersections of social justice, trauma, and mental health. We will examine how as clinicians, researchers, educators and healers working with trauma-impacted individuals and communities we must consider the socio-political context in which trauma occurs, as well as the ways in which institutions and systems of oppression continue to perpetuate trauma and create barriers to healing. Join us in exploring, from a social justice framework, how we define and understand trauma, how these definitions and understandings dictate how, who, and where we treat, and how we collectively can work towards personal, interpersonal, and systemic healing and change. In this day-long workshop, hear from individuals and groups in the field who are changing the way we see, understand, and treat trauma. Licia Sky, Secretary of the Trauma Research Foundation,
will moderate this critically important day, which will begin with an embodied experience of stepping into a different way of seeing and knowing this work, led by Trauma Center Fellows, Mariah Rooney O’Brien and Dominique Malebranche. Innovators from the field will lead us throughout the day: Ali Smith of the Holistic Life Foundation will present on bringing mindfulness and yoga to the public schools of Baltimore; Kimberl DiCero on bringing adolescent parents into attachment repairing Small Circles; Donna Hicks addressing the power of dignity in political and social negotiations; Jim Hopper on addressing restorative justice in cases of sexual violence; and Melissa Nussbaum and the Red Stage Stories Troupe demonstrating how Playback Theater brings social healing to communities.

**Workshop 7: Expressive Arts as Healing Engagement: Deepen the Therapeutic Experience**

**Cathy Malchiodi, PhD**

Expressive arts not only cultivate the healing powers of imagination, they also mobilize the social engagement system through play, improvisation, musicality, movement, and creativity. When integrated into therapy, they can revitalize and energize clients, helping them to engage more fully in the present while deepening implicit and meaningful sensory-based communications. In this hands-on workshop, you’ll experience how to “get past talk” with creative, action-oriented methods, including: 1) Arts-based approaches to enhance and deepen empathy, compassion, and interpersonal connection in our clients and ourselves, 2) A brain-wise, bottom-up model for applying the expressive arts to facilitate the body’s natural resources for transformation and healing. 3) Improvisation, dramatic enactment, gesture, bilateral movement, art making, and play as foundational practices to facilitate social engagement.

**PLENARY FACULTY SPEAKERS**

**Beatrice Beebe, PhD,** Clinical professor of medical psychology (in psychiatry), College of Physicians & Surgeons, Columbia University; New York State Psychiatric Institute. She directs a basic research lab on mother-infant communication. Author of six books, including The Mother-Infant Interaction Picture Book: Origins of Attachment.

**Tara J. Burke,** Founder, “Me Too” movement. Activist and advocate at the intersection of sexual violence and racial justice. Fueled by commitments to interrupt sexual violence and other systemic inequalities disproportionately impacting marginalized people, particularly black women and girls. She is the recipient of the 2018 MIT Media Lab Disobedience Award.

**Julian D. Ford, PhD, ABPP,** Professor, department of psychiatry and law, University of Connecticut; President International Society for Traumatic Stress Studies (ISTSS); director, Center for the Treatment of Developmental Trauma Disorders and Center for Trauma Recovery and Juvenile Justice; co-author, Treatment of Complex Trauma & Hijacked by Your Brain: How to Free Yourself when Stress Takes Over; author, Post-traumatic Stress Disorder: Scientific and Professional Dimensions; co-editor, Treating Complex Traumatic Stress Disorders & Treating Complex Traumatic Stress Disorders in Children and Adolescents.

**Donna Hicks, PhD,** Associate at the Weatherhead Center for International Affairs, Harvard University; formerly deputy director of Program on International Conflict Analysis and Resolution (PICAR). She worked extensively on the Israeli/Palestinian conflict on the conflicts in Northern Ireland and Colombia Syria and Libya. Author: Dignity: It’s Essential Role in Resolving Conflict, & Leading with Dignity: How to Create a Culture That Brings Out the Best in People.

**Ruth Lanius, MD, PhD,** Professor, department of psychiatry, University of Western Ontario; co-editor, The Impact of Early Life Trauma on Health and Disease: The Hidden Epidemic & Healing the Traumatized Self: Consciousness, Neuroscience & Treatment.

**Michael Miltoefer, MD,** clinical assistant professor of psychiatry at the Medical University of South Carolina. In 2009 he completed & published the first FDA approved clinical trial of MDMA assisted psychotherapy for treatment-resistant PTSD, followed by completion of a Phase II trial. He is overseeing a multisite Phase III study of MDMA-assisted psychotherapy in 13 sites around the US (including the Trauma Research Foundation), and another MDMA-assisted psychotherapy multisite study in Europe and Israel.

**Bruce D. Perry, MD, PhD,** Senior fellow, The Child Trauma Academy; adjunct professor, department of psychiatry and behavioral sciences, Feinberg School of Medicine, Northwestern University; senior fellow, Berry Street Childhood Institute, Melbourne, Australia. Co-author (with Maia Szalavitz), The Boy Who Was Raised as a Dog and Born for Love: Why Empathy is Essential.

**Richard C. Schwartz, PhD,** Founder of the Center for Self-Leadership; faculty Harvard Medical School; Author: You Are The One You’ve Been Waiting For; Internal Family Systems Therapy; Introduction to the Internal Family Systems Model; and The Mosaic Mind; and Metaframeworks.

**Ali Smith,** Executive director, the Holistic Life Foundation He has helped develop and pilot yoga and mindfulness programs at public and private schools, drug treatment centers, juvenile detention centers, mental crisis facilities, and retreat centers, nationally and internationally. Ali has authored a series of children’s books, and co-authored several yoga and mindfulness-based curriculums, as well as developed numerous workshops and trainings.

**Martin H. Teicher, MD, PhD,** Associate professor of psychiatry at Harvard Medical School; director of the Developmental Biopsychiatry Research Program and Laboratory of Developmental Psychopharmacology at McLean Hospital. His research studies range from inquiries into the molecular mechanisms of brain development to brain-imaging studies of the effects of childhood maltreatment on brain development.

**Ed Bronick, PhD,** University distinguished professor, University of Massachusetts Boston; Infant-Parent Mental Health Program; Department of Newborn Medicine, Harvard Medical School, author, The Neurobehavioral and Social Emotional Development of Infants and Children.

**Bessel A. van der Kolk, MD,** Professor of psychiatry, BUSM; medical director, Trauma Center, president, Trauma Research Foundation; past president, ISTSS; author; NYT Science best seller The Body keeps the score: Brain, Mind and Body in healing from Trauma, translated into 24 languages.

**Robert Whitaker,** author, Anatomy of an Epidemic, and publisher of the web magazine, Mad in America.

**Stephan Wolfert, MFT,** Playwright, performer; executive director, De-Recruit. Founding artistic director of Shakespeare & Veterans and the Veterans Center for the Performing Arts. Company member, Bedlam Theater, NYC. Combining his own personal story of leaving the army with Shakespeare’s writings on war, he created Cry Havoc! which he has performed around the world to critical acclaim.

**WORKSHOP FACULTY**

**Alisha Ali, PhD,** Associate professor in the department of applied psychology at New York University. Oversees evaluation and manualization of DE-CRUT.

**Michael D. Alpert, MD,** Psychiatrist, South Cove Community Health Center, Boston Harvard Medical School; MDMA Therapy team member, the Trauma Research Foundation.


**Elizabeth Call, PsyD,** Psychologist in private practice. Therapy team member, MDMA study, the Trauma Research Foundation.

**Alexandra Cook, PhD,** is treasurer, Trauma Research Foundation & founding partner of SMARTMoves; co-author of the SMART treatment manual.

**Deb Dana, LCSW,** Coordinator Traumatic Stress Research Consortium, Kinsey Institute, Indiana University; Author The Polyvagal Theory In Therapy: engaging the rhythm of regulation.

**Wendy D’Andrea, PhD,** Associate professor of psychology at The New School for Social Research in New York, NY. Her research focuses on physiological manifestations and consequences of complex trauma.

**Kimbell DiCero, PsyD,** Adjunct professor, Lesley University and Bunker Hill Community College-Lesley University Program Partnership; Infant Parent Mental Health, Program, UMassachusetts
Faculty

Rick Doblin, PhD, Executive director, Multidisciplinary Association for Psychedelic Studies (MAPS) chair of the board of directors MAPS Public Benefit Corporation.

Ana de Valle, OTR, SEP, Occupational therapist with a specialization in the nervous system and Polyvagal Theory.

Michelle Esrick, is an award-winning filmmaker, including “Let’s Rise”; “The Wavy Gravy Movie: Saint Misbehavin’;” “Ram Dass, Going Home” (short listed for an Academy Award), and her new film “Cracked Up,” about the long-term effects of childhood trauma told through “Saturday Night Live” veteran, Darrell Hammond. They showed the film on Capitol Hill and assisted in adding 9 provisions for trauma informed care into the (SUPPORT) for Patients and Communities Act, signed into law on October 24th, 2018.

Heather Finn, LICSW, is a partner of SMARTMoves, trains, consults and supervises in SMART and ARC locally and around the US.


Melissa Nussbaum Freeman, actor, director, playwright, teaching artist, Guernavaca, Mexico. founder/director of Red Sage Stories for Social Change, multi-cultural, multi-lingual, intergenerational, Dorchester/Roxbury community-based ensemble that has worked in Jordan, Palestine and around the US.

Benjamin Fry, Founder of Khiorn House, Oxfordshire, UK.

Prahad Galiati, Craniosacral therapist, SEP and clinical director of Khiorn House, Oxfordshire, UK.

Andres Gonzalez, MBA, Co-founder and marketing director for the Holistic Life Foundation, Inc. in Baltimore, MD since 2001. He has partnered with John Hopkins Bloomberg School of Health and the Penn State’s Prevention Research Center on a Stress and Relaxation Study and is a published author in the Journal of Children’s Services.

Francis Guerriero, MA, LICSW, Private practice, Cambridge, MA; MDMA therapy team member, The Trauma Research Foundation.

Sumiko T. Hennessy, PhD, Founder, Crossroads for Social Work, LLC to train Japanese social workers and mental health professionals both in Japan and in the US; founder Japanese branch of Attachment Treatment and Training Institute (ATTI).

James W. Hopper, PhD, Independent consultant and instructor in psychology, Cambridge Health Alliance & Harvard Medical School. Co-editor, Mindfulness-oriented interventions for trauma: Integrating contemplative practices. The MDMA Team, Trauma Research Foundation.

Inna Khazan, PhD, clinical psychologist specializing in health psychology and performance excellence at Harvard Medical School Author Clinical Handbook of Biofeedback and the upcoming Biofeedback and Mindfulness in Everyday Life.

Terry M. Levy, PhD, Director, Evergreen Psychotherapy Center and the Attachment Treatment and Training Institute; co-founder ATTAC. Co-author Attachment, Trauma & Healing and Parenting: Helping Wounded Children Learn to Trust and Love.


Cathy Malchiodi, PhD, REAT psychologist and expressive arts therapist, founder and director of the Trauma-Informed Practices and Expressive Arts Therapy Institute. She writes the Arts and Health column for Psychology Today Online, with a following of 4.8 million readers. Author of Handbook of Art Therapy, Expressive Therapies, and Art Therapy Sourcebook.

Diana Martinez MD, PhD, CEO of Neocemod (Neuromodulation Center), Mexico. Director of Neurofeedback Clinic at Boston Neurodynamics and the Trauma Research Foundation.

Kevin McCauley, MD, is a senior fellow at The Meadows and the writer and director of two films on the neuroscience of addiction.

Daniel McQueen, Psychadelic therapist and executive director of Medicinal Mindfulness author. Conscious Cannabis: Path of Gentile-Power. An Introduction to Cannabis-Assisted Psychadelic Therapy for Trauma Resolution.

Karen Ondrko, Director of research and education at ILs.

Randall Redfield, CEO and co-founder of Integrated Listening Systems (ILS), a multi-sensory program which integrates music and movement for the purpose of improving emotional regulation, sensory/cognitive processing and motor function.

William Richards, PhD, Psychologist, Johns Hopkins Bayview Medical Center where he is co-director of the program in psilocybin for terminally ill cancer patients. Contributor Fantastic Fungi.

Anat Rogel, PhD, BCIA certified neurofeedback provider and supervisor co-founder and co-director of Boston Neurodynamics, affiliate of the Trauma Center and the Trauma Research Foundation.

Akemi Sakakibara, PhD, director Life Design, Inc. which provides mental health education to industry in Japan. Founder & director, ATTI Japan.

Ximena Sanchez Samper, MD, is a board-certified addictions psychiatrist, medical director at Spring Hill Recovery Center. Instructor Harvard Medical School.

Anita Shankar, MPH, Senior director of the Global Trauma Project, utilizes the Trauma-Infomed Community Empowerment (TICE) Framework to build the capacity of community leaders and government officials in South Sudan.

Kenichi Shimada, MA, Shipley Japan, Ltd, specializing in providing psychological therapy for working adults; co-director ATTI Japan.

Licia Sky, Secretary of the Trauma Research Foundation; singer/ songwriter who leads songwriting retreats for self-discovery and embodied voice, guiding awareness experiences that build safety, community and attunement.

Atman Smith, Co-founder of the Holistic Life Foundation, and director of development. Since 2001, he has been teaching yoga and mindfulness to a diverse population including underserved and high-risk youth in Baltimore City Public Schools, drug treatment centers, wellness centers, and colleges.

Elya Steinberg, MD, head of training and co-director of the Centre for Biodynamic Psychotherapy in London, UK. Biodynamic psychotherapist who integrates Biodynamic psychology, bioenergy, neurofeedback, psychological trauma work, martial arts and integrative medicine.

Anne St. Goar, MD, Primary care physician at HVMA, emeritus, certified psychadelic therapist; Boston MDMA Therapy team member with the Trauma Research Foundation.

Elizabeth Warner, PsyD, Board trauma research foundation and partner in SMARTMoves LLC; lead author on the SMART manual.

Anne Westcott, LICSW, is a clinical social worker; co-developer of SMART, partner in SMARTMoves, and on the faculty of Sensorimotor Psychotherapy Institute.

Susan Walker MD, Instructor in psychiatry, Harvard Medical School. Child and Adolescent Psychiatrist, Cambridge Health Alliance. MDMA Therapy Team Member, the Trauma Research Foundation.

Josefin Wikström (YE-RY 500, YACEP, RCY) Main teacher and international coordinator for the Prisim Yoga Project, teaching in Sweden, US, India, Mexico and beyond. She co-created the evidence-based Swedish Krimyoga program in Sweden. On International Yoga Day 2018 she addressed the House of Lords on the therapeutic potential of yoga in prisons.

Ilya Yacevich, MA, LMTF, lives in Nairobi, Kenya, founding director of the Global Trauma Project (GTP) and developer of the “Trauma-Infomed Community Empowerment” (TICE) framework. This children and families with histories of complex and inter-generational trauma in East Africa, Greece and Indian Reservations in the US.

CONTINUING EDUCATION

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PSYCHOLOGISTS

Accreditation Council for Continuing Medical Education

COUNSELORS

Massachusetts Mental Health Counseling Association/ Massachusetts Mental Health Continuing Education Program application submitted

SOCIAL WORKERS

Association of Social Work Boards

ADDITION COUNSELORS

Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

MARRIAGE AND FAMILY THERAPISTS

Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

OCCUPATIONAL THERAPISTS AND OCCUPATIONAL THERAPY ASSISTANTS

American Occupational Therapy Association

NURSE/NURSE PRACTITIONERS/CLINICAL NURSE SPECIALISTS

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Accreditation Council for Continuing Medical Education

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# 30th Annual International Trauma Conference

May 29-June 1, 2019

## Registration Form

Please complete entire form (to notify you of seminar changes) please print; staple duplicate forms

### Full Conference: Wednesday – Saturday, May 29 – June 1, 2019

<table>
<thead>
<tr>
<th>Choose One For Each Day:</th>
<th>EARLY BIRD</th>
<th>FULL PRICE</th>
<th>RESIDENTS, FELLOWS IN TRAINING, FULL-TIME STUDENTS</th>
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<tbody>
<tr>
<td>Wednesday</td>
<td>Thursday</td>
<td>$525</td>
<td>$610</td>
</tr>
</tbody>
</table>

### Can’t make all four days?! Choose the option that fits your schedule:

#### Pre-Conference: Wednesday Only
May 29, 2019

<table>
<thead>
<tr>
<th>Choose One Workshop:</th>
<th>EARLY BIRD</th>
<th>FULL PRICE</th>
<th>RESIDENTS, FELLOWS IN TRAINING, FULL-TIME STUDENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday</td>
<td>$195</td>
<td>$255</td>
<td>$190*</td>
</tr>
</tbody>
</table>

#### Pre-Conference: Thursday Only
May 30, 2019

<table>
<thead>
<tr>
<th>Choose One Workshop:</th>
<th>EARLY BIRD</th>
<th>FULL PRICE</th>
<th>RESIDENTS, FELLOWS IN TRAINING, FULL-TIME STUDENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday</td>
<td>$195</td>
<td>$255</td>
<td>$190*</td>
</tr>
</tbody>
</table>

#### Pre-Conference: Wednesday & Thursday
May 29-30, 2019

<table>
<thead>
<tr>
<th>Choose One For Each Day:</th>
<th>EARLY BIRD</th>
<th>FULL PRICE</th>
<th>RESIDENTS, FELLOWS IN TRAINING, FULL-TIME STUDENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday</td>
<td>Thursday</td>
<td>$340</td>
<td>$370</td>
</tr>
</tbody>
</table>

#### Main Conference: Friday & Saturday
May 31-June 1, 2019

<table>
<thead>
<tr>
<th>Choose One Workshop:</th>
<th>EARLY BIRD</th>
<th>FULL PRICE</th>
<th>RESIDENTS, FELLOWS IN TRAINING, FULL-TIME STUDENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday &amp; Saturday</td>
<td>$350</td>
<td>$395</td>
<td>$260*</td>
</tr>
</tbody>
</table>

#### Main Conference Thursday – Saturday
May 30 – June 1, 2019

<table>
<thead>
<tr>
<th>Choose One Workshop:</th>
<th>EARLY BIRD</th>
<th>FULL PRICE</th>
<th>RESIDENTS, FELLOWS IN TRAINING, FULL-TIME STUDENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday</td>
<td>$435</td>
<td>$495</td>
<td>$330*</td>
</tr>
</tbody>
</table>

#### Wednesday Evening Movie
May 29, 2019 - 7pm “Cracked-Up”

<table>
<thead>
<tr>
<th>Choose One Workshop:</th>
<th>EARLY BIRD</th>
<th>FULL PRICE</th>
<th>RESIDENTS, FELLOWS IN TRAINING, FULL-TIME STUDENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday</td>
<td>$25</td>
<td>$25</td>
<td>$25</td>
</tr>
</tbody>
</table>

### Indicate method of payment

ALL REGISTRATIONS MUST BE PREPAID. Purchase orders welcome (attach copy).

- [ ] Check enclosed payable to PESI, Inc.
- [ ] MC
- [ ] VISA
- [ ] AE
- [ ] Discover Novus

16 digits 13-16 digits 15 digits 16 digits

Card # _____________________________

Card Exp. __________________________ V-Code #: __________________________

Signature _____________________________________________

(*Letter of verification is required.

Hassle-Free Cancellation Policy: An administrative fee of $75 is deducted for cancellation. Refund requests must be made in writing, fax or email to PESI, and must be postmarked by May 1, 2019. No refunds will be made thereafter.

ADA needs: Please contact The Meadows at (928) 684-4077 for ADA needs at least three weeks prior to event.

### WAYS TO REGISTER

**MAIL**

PESI, Inc.
PO BOX 1000
Eau Claire, WI 54702

**ONLINE**

www.pesi.com/traumaconference

**PHONE**

800-844-8260

Please have credit card available

**FAX**

800-554-9775

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Employer Name _____________________________

Employer Address ______________________________________________________

Dept/Floor/Suite _____________________________

City ______________________________  County __________________________

State ______________________________  Zip ______________________________

Home/Cell Ph (       ) ____________________________________________________

Dept. Ph (       ) ________________________________________________________

E-mail address ______________________________________________________

For your convenience, confirmations are sent via email.

Questions? Call 800-844-8260 or e-mail us at events@pesi.com.
International Trauma Conference

Psychological Trauma
Neuroscience, Embodiment, and the Restoration of the Self

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With:

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Tarana Burke
Julian D. Ford, PhD, ABPP
Donna Hicks, PhD
Ruth Lanius, MD, PhD
Cathy Malchiodi, PhD
Michael Mithoefer, MD
Bruce D. Perry, MD, PhD
Richard C. Schwartz, PhD
Ali Smith
Martin H. Teicher, MD, PhD
Ed Tronick, PhD
Robert Whitaker
Stephan Wolfert, MFT
and many more!

May 29 - June 1, 2019
Seaport World Trade Center
Boston, Massachusetts

Register today: www.pesi.com/traumaconference